

Lesson Plan Format for Human Development: Day One: 1:15 minute class period

Time	Concepts covered	Objectives	Activities/Tests
9:00-9:20	Give time to read syllabus. Give out my letter to students inviting excellence.	Students will understand the mechanics of the syllabus, the outline, and the supplement	Establish groups...order by birthday.
9:20-9:35	Answer questions related to syllabus. Quick quiz on syllabus... Introduction to the preschool; tour the site, get an orientation to the lab from Teresa. Discuss observations in the preschool, the Case Study	Students will be aware of the rules about the lab, the one-way mirror, and how the lab will support our class	Move into the preschool through the observation room
9:35-10:00	Begin Chapter One: Lecture on Controversial Views of Human Development: <i>Nature/Nurture</i> <i>Continuity/Discontinuity</i> <i>Universal vs. Context Specific Dev.</i>	Students will describe the fundamental issues that affect our interpretation of Human Development	THE MIND video, part 12: Nature/Nurture
10:00-10:15	Lecture on Domains- concept of BioPsychoSocial Development	Students will describe the nature of BioPsychoSocial and give an example in their own lives.	Zimbardo Tape 7, #3350@ Talks about Psychogenic illness, and how our immune system is affected by our psychology

Lesson Plan for Human Development

Day Two: 1:15 Class Period

Time	Concepts Covered	Objectives	Activities/Tests
9:00-9:30	Research Strategies	Students will see across the white board the flow of: Scientific Method Research strategies Types of Studies Students will design their own research for a provided question	1. Zimbardo, Tape #1, 2150-2600 2. Give them a question to work with. In their groups, have them develop a hypothesis and propose a study that would bring scientifically acquired information to the hypothesis.
9:30-10:00	Theories: Psychoanalytics Common to Psychoanalytics is a belief that we are influenced by drives within us--unconscious--that shape our development. This is organismic; psychosocial theories also believe that these drives are influenced by interaction with environment, so they are both organismic and mechanistic.	Students will complete a form showing the important aspects of psychodynamic theory. They will describe the nature of Erikson's 'crises' of developmental stage and the concept of resolution.	Hand out Theory Study Forms Using the white board, structure the lecture so they can fill out the form adequately. Give them time to make examples from their own life in the last column.
10-10:15	Behavioral Theory	Students will complete the form showing the important aspects of Learning Theory. If time, students will do a group quiz given a behavior to change in another person. They are to come up with cue, consequence, reinforcers	1. Zimbardo Tape 8, #397 Pavlov 2. Given a common situation, have groups design a behavioral program using cues and consequences designed to shape behavior

